

unstable Ground 16

What happens when you revisit and combine old and newly collected materials with each other? How can I intentionally look at what appears familiar? What layers do unfold, what dead-ends will I encounter and how?

The title Mirroring Fields only seemed to fit this research after the 168 hours were over. Originally I had planned field-trips in the East of the Netherlands and the West of Germany, but due to changes in my personal life, I needed to stay close to home.

Adapting my plan was a blessing in the end. I would have travelled away from my daily environment, while during this week I wanted to build a foundation to explore, collect and play in my daily artistic practice, and combine old and new elements of the *Unstable Ground* iterations.

Mirroring Fields reflects on how our human cognition creates meaning by identifying markers, borders and categorisations. The environment we are situated in forms our mental landscapes, while landscapes are in turn also heavily shaped by humans. What is this mirroring, what traces does it leave and can I experience it by intentionally noticing what appears familiar?

I started the week with an early morning field-trip to the dunes of the Westduinpark in The Hague (NL) to collect new materials. I usually move through it without paying much attention, since I am there often.

The week itself was a gift to just commit to my plan. While asking myself if I want to pay attention to something specific or just explore the (human-engineered) landscape, I played with the materials I collected and combined them with ones from earlier *Unstable Ground* iterations.

At some points during the week I got a bit nervous about making a post once a day about my process, but I managed to find joy in taking my experiments and play serious. Combining the materials helped me to reflect on what I have done so far and get a better grip on what I am doing with this ongoing trajectory.

I ended the week with another fieldtrip, this time to the dunes of Meijendel. This area is less familiar to me and I could feel that I was more in awe than I am in the Westduinpark.

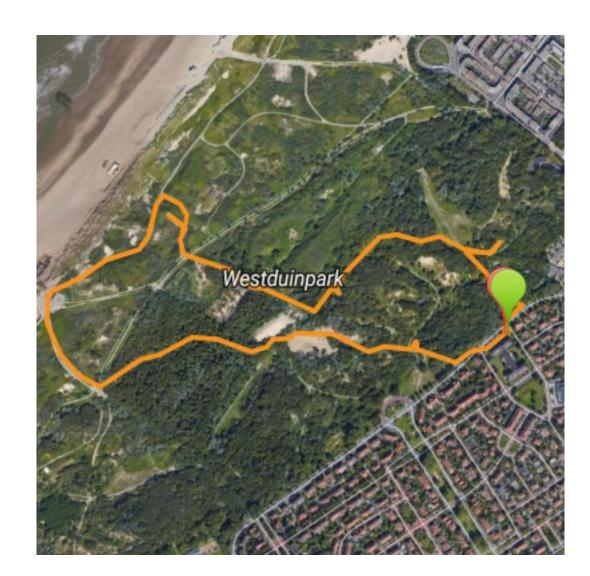
So to really encounter an area familiar to me, it needs repetition and conscious revisiting. Thanks to these 168 hours I have found a long-term research that I can conduct and experiment with in my daily artistic practice.



DAY 1/7

Early this morning I went to explore the Westduinpark dunes. As I was walking I was looking for gradients, differences, distances and continuities in colours, shapes and heights — things that have struck my curiosity before and seem to create meaning. I like to look closely or create a distance, but in this environment I feel lost in-between exploring and remembering.

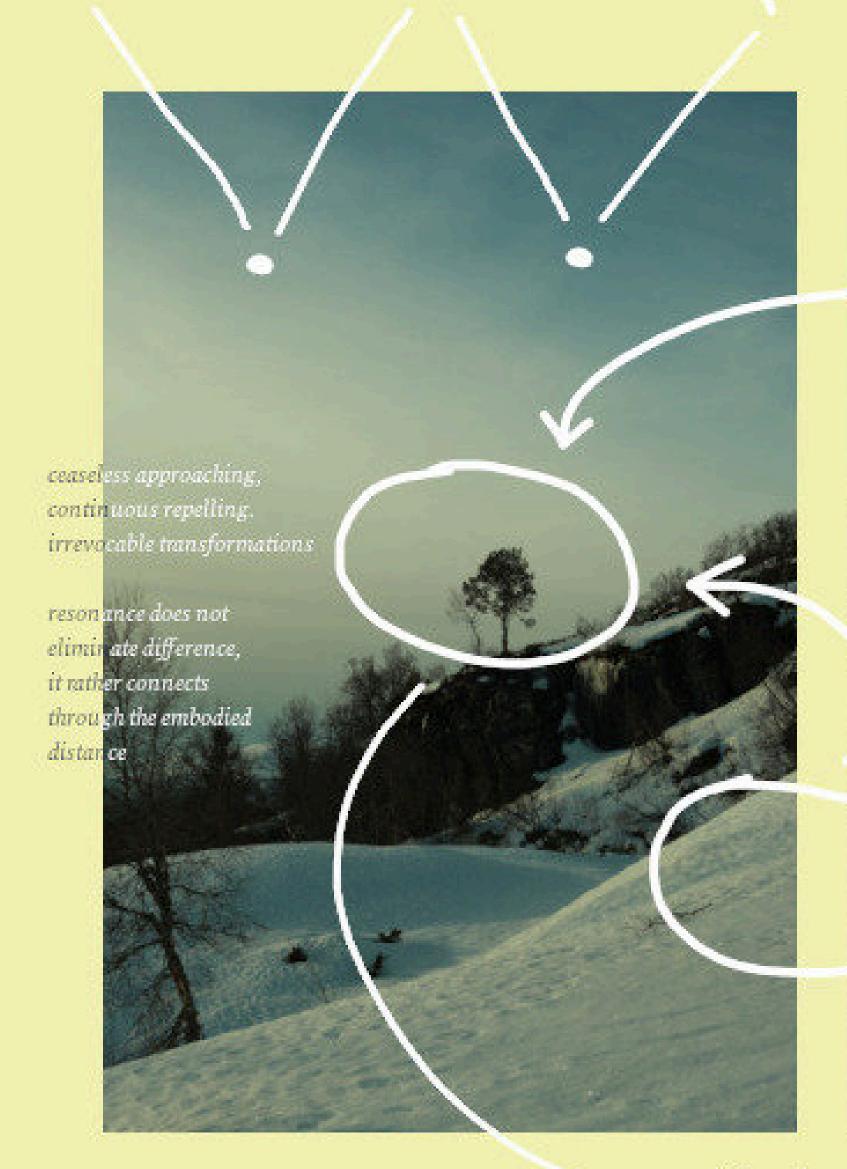
Back home, I realised that I need to rethink my plan for this week and force myself to deeply engage with what appears familiar to me.





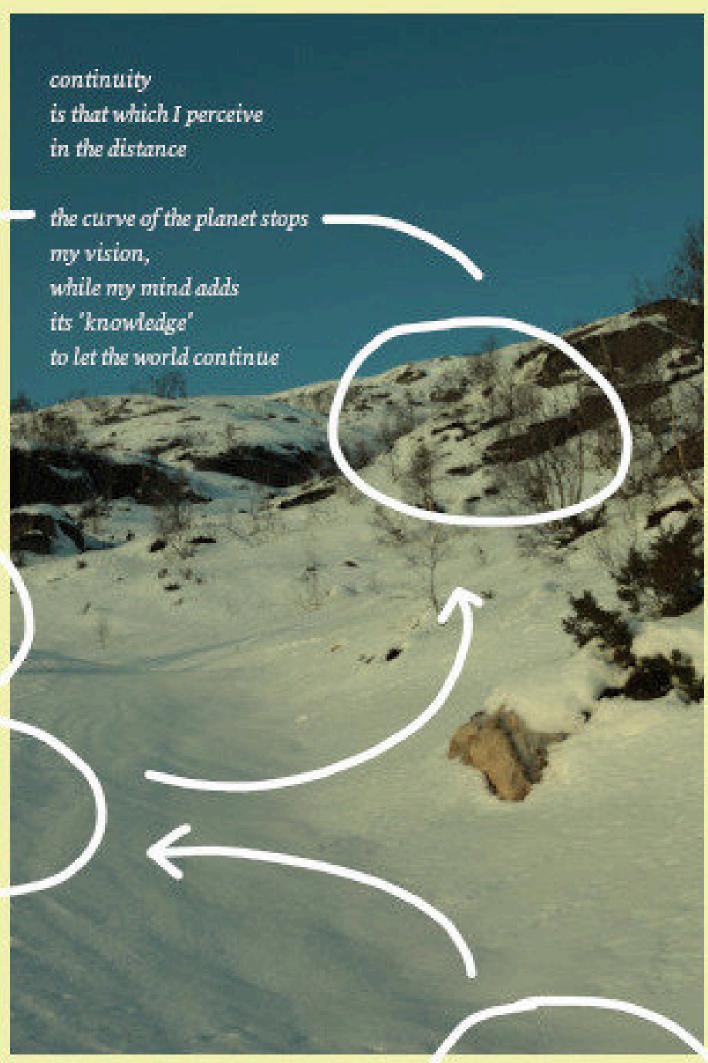






"continuity is made up no less of distances"

(Gilles Deleuze, The Fold, p.20)



"for the mind, absence can be a catalyst for presence"

(Siri Hustvedt, Living, Thinking, Looking, p.36)

DAY2/7

On the second day I started to bring things of the different Unstable Ground iterations together by playing with:

- 1) Photographs I made during a residency at KH Messen in Ålvik (NO) in January 2023
- 2) An analytical drawing I made at the end of 2021
- 3) A quote from Siri Hustvedt that I had revisited the week before

continuity is made up no less of distances" continuity is made up no less of distances. The Fold, p. 20

int an't always the covering over a blank with more of the same; there are instances when the brain provides protects—a normal form of hallwinds "Our minds are not passive containers of external reality or experience Go: Abwersechait, Tenlen (2in Hentwelt, "Living, Thicking, Townson" D: ofuexightid, and breken

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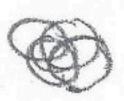


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Up: analytical drawing from end 2021

Upper right: quote from Siri Hustvedt

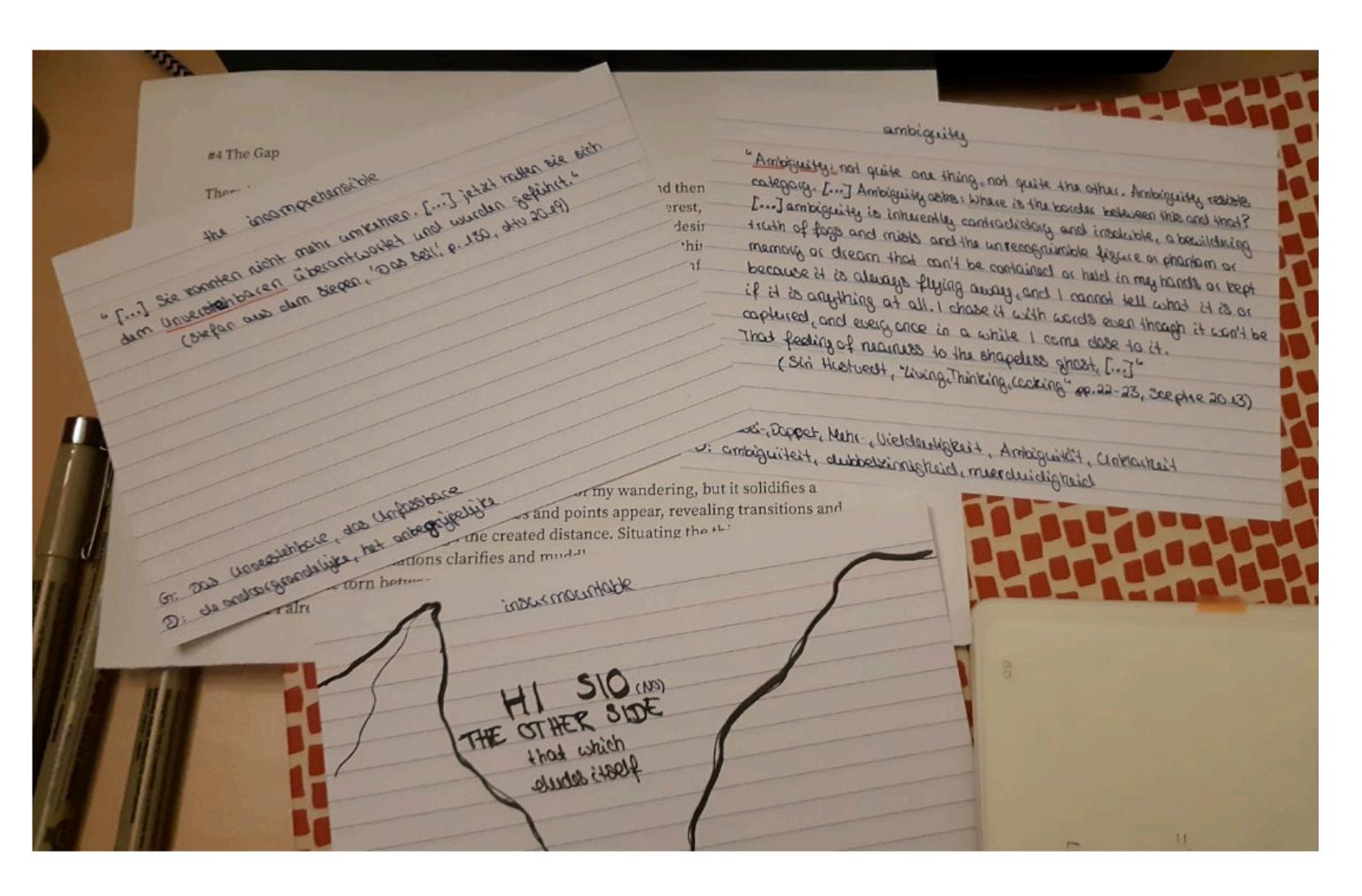
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DAY3/7

For the third day, I took time to reflect and write.

In 2022, I started collecting words that are intruiging to me in English, German, Dutch and Portuguese (the latter I am currently learning). I mostly encounter these words through reading, upon which I collect various related fragments and my on thoughts on them.

'Noticing' or 'taking note of something' had been in there for a while, but before this week I had not contemplated on it. Since I was determined to challenge myself to deeply engage with what appears familiar to me, it was time to start investigating.





DAY4/7

The fourth day was reserved for experimentation:

- L) Seeing if monotype printing works with water-mixable oil paints
- Making a colour study of the dunes, which I had not done since my Bachelor studies.

In general, I tend to get lost in details. So I stopped myself when I felt the urge to refine the colour study. Playing with monotype printing, which I learned from my residency companion Sophie D'Hénin in Ålvik, was another way to explore and notice while doing, as it takes a lot of practice to have control over it.











DAY5/7

the other sides are glowing neatly categorised through their distance

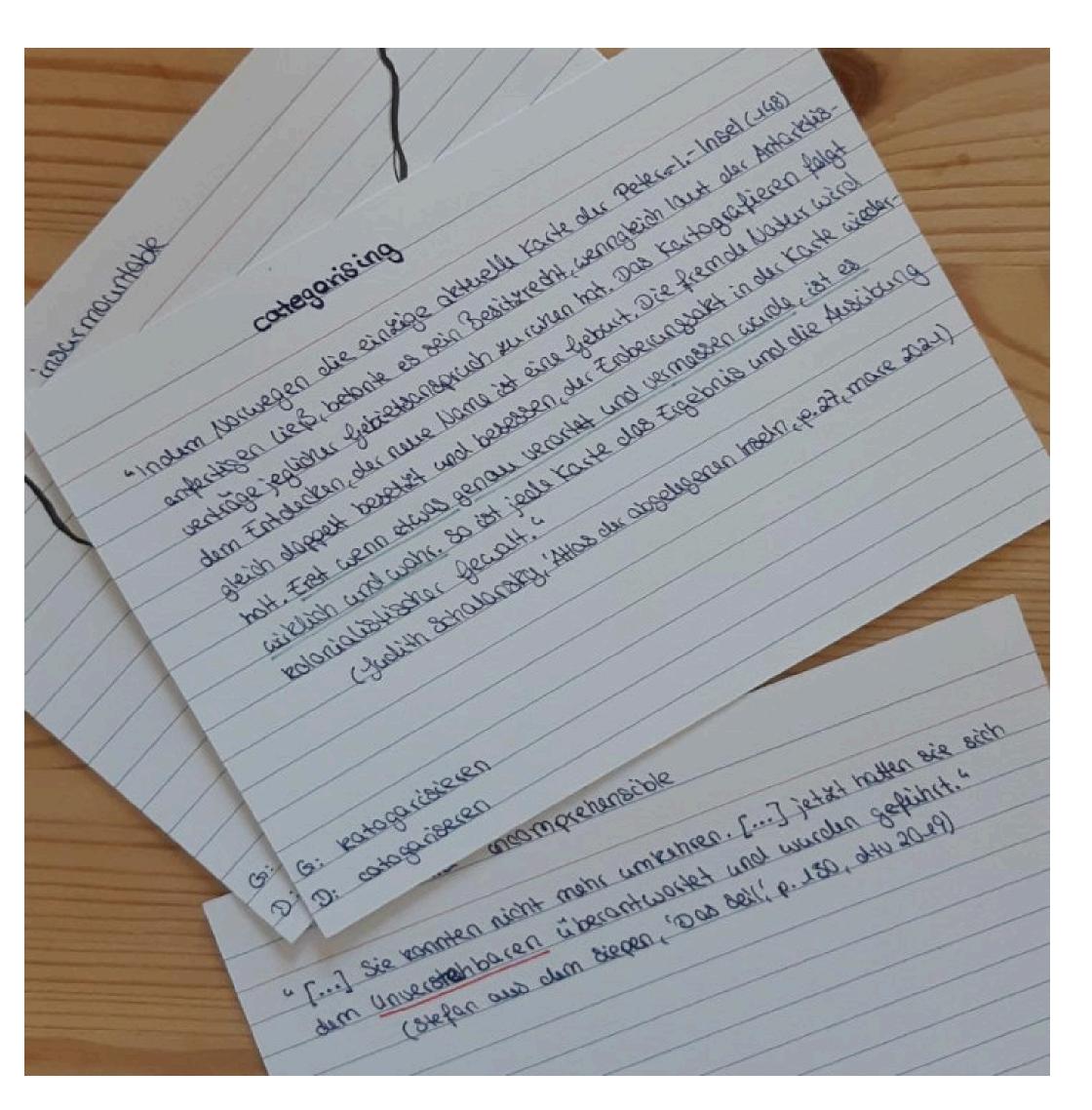
<u>Link to video</u>

On day six, I researched different methods of bringing together collections of various materials.

I am dreaming of developing an expandable *Unstable Ground 'Atlas'* (working title) that will grow and change with each iteration and new finding.



I timeline: when fieldtrips & lived experiences 8957tblsi71 1 Dictionary (not only language), but Engl., Germ, Dr. & Port. 1 mages (1 took or made myself) 1 Prints -> exploratory writing fragments 1 Reflection (writing, drawing, victo, etc.) I (ived experiences (myown & calleded) 168 H - Day 612 wondering and not knowing and priests of exploration and to diam inspiration from



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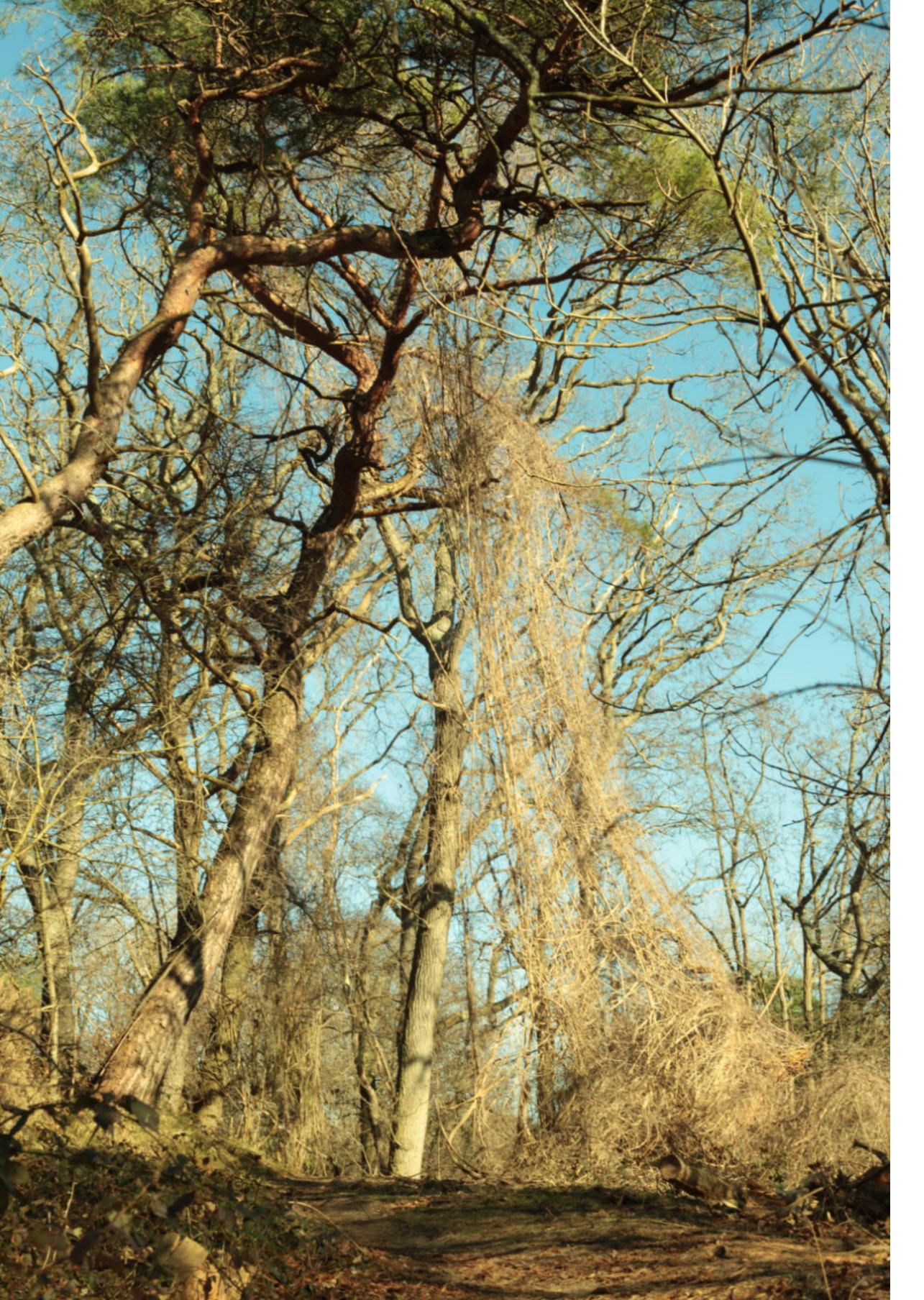
I ended the week with yet another field-trip. This time to Meijendeel, the dunes around Wassenaar (NL), and with three companions.

Hiking there in that particular moment made me realise that noticing in an environment familiar to me takes repetition and thus learning to get into resonance with the subtleties.

Reflecting in the evening on the week, I was already predicting that what I had put into motion during these 168 hours would go on and would be leading to regularly performing field research along (close-by) shore areas.











Mirroring Fields ongoing coninutation



